Intensive Freshman Seminars Handbook

2015

What You Need to Know!

Important Information about:

- Preparing for IFS
- IFS Check-In/Out
- IFS Seminars
- IFS Instructors
- Life at IFS... and more!
Greetings from the IFS Office!

Welcome to the 2015 Intensive Freshman Seminars (IFS) program! We are very pleased to offer you an introduction to Indiana University Bloomington, which we expect to be intellectually stimulating and socially rewarding.

At IFS, you’ll be more involved than you have ever been - don’t expect a lot of unused time. In addition to class work and preparation for class, you will also experience the rich cultural opportunities at IUB and in Bloomington and learn about faculty expectations of college students. You may also participate in a variety of activities including informal sports, movie nights, arts performances, and programs highlighting various IU and community services. Part of the experience is balancing your time and learning to have fun while also working hard to be a successful college student.

You will have a chance to get to know other freshmen, the student staff, your professor, and us; we hope these connections will help to sustain you throughout your time here. To help us get to know you a little better, please be sure to fill out your Contact Information and Personal Survey on our website by July 6, 2015.

We hope that as you look back on this program you will feel that it was one of the best experiences you had at IU. Please feel free to tell us how we may help you be successful here. The IFS Office will be located in Forest Residence Center throughout the program.

In July, you will likely receive a letter from your IFS professor, which may contain an assignment to get you started before IFS begins. Don’t hesitate to call us at 1-800-255-7943 (ext. 3) or 1-812-855-3839 if you have questions before you arrive on August 1. We look forward to getting to know you!

Sincerely,

[Signature]

Mike Beam
From One Student to Another

You will find a variety of quotations offering advice and insight throughout this guide. These thoughts are from the IFS Student Staff.

In hopes of preparing you for IFS and IU, they share with you their own perspectives on making the most of your time here in Bloomington.

“Get involved in activities and keep your grades up. Have fun and don’t forget to explore Bloomington, it’s an amazing city!”
# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome From Director</td>
<td>1</td>
</tr>
<tr>
<td>From One Student to Another</td>
<td>2</td>
</tr>
<tr>
<td>Table of Contents</td>
<td>3</td>
</tr>
<tr>
<td>The Common Values of IFS</td>
<td>4</td>
</tr>
<tr>
<td>A Commitment to Academic Integrity</td>
<td>6</td>
</tr>
<tr>
<td>IFS Begins</td>
<td>8-9</td>
</tr>
<tr>
<td>Preparing for IFS</td>
<td>10-11</td>
</tr>
<tr>
<td>Settling in at IFS</td>
<td>12-15</td>
</tr>
<tr>
<td>IU Dictionary</td>
<td>16</td>
</tr>
<tr>
<td>The Traditions of IFS</td>
<td>17</td>
</tr>
<tr>
<td>IFS Activities</td>
<td>18</td>
</tr>
<tr>
<td>Life at IFS</td>
<td>19-20</td>
</tr>
<tr>
<td>IFS Staff</td>
<td>21-22</td>
</tr>
<tr>
<td>IFS Faculty</td>
<td>23-24</td>
</tr>
<tr>
<td>After IFS</td>
<td>25-26</td>
</tr>
<tr>
<td>IFS Check-In Map</td>
<td>27</td>
</tr>
</tbody>
</table>

“The other IFS students are just like you: active and ready to get started with their college experience. Be open-minded and willing to get to know them, because they could end up becoming close friends.”
The Common Values of IFS

As members of the Intensive Freshman Seminars community, we seek always to explore more fully the many opportunities for our common education. By educating one another, we hope to promote both individual fulfillment and the common good.

We invite all to join us in an on-going process of defining, examining, practicing, and reviewing our values. Some of the values that we have established, believing that they can and should be embodied in all aspects of our learning community and our lives, are:

**Integrity**: ascribing to the same set of personal principles in all environments; taking **responsibility** for one’s opinions, feelings, and actions.

**Respect** & concern for others.

**Listening** well, being open to new ideas and learning to deal with ambiguity.

**Appreciating** and learning from the **diversity** around us.

**Hard work, persistence, energy, enthusiasm, & initiative.**

**Attention to detail**: understanding that the importance and value of the whole are generated by attention to the parts.

“Prioritize and put emphasis on the most important things (hint: it’s your schoolwork!). Work around your schoolwork and see what time can be given up to do other things.”
**IFS Statement on Diversity**

The Intensive Freshman Seminars program is committed to celebrating the rich diversity of the members of the IFS community. The diversity of our community takes many forms. It includes differences related to race, ethnicity, national origin, gender, sexual orientation, religion, age, ability, and socioeconomic status.

We are guided by the principle that celebrating diversity enriches and empowers the lives of all people, and is an integral part of an academic community. We believe that any attempt to oppress any individual or group threatens the educational mission of this community.

Therefore, everyone who chooses to live in, work in or visit our community must understand that the academic mission of IFS is best developed within an environment of respect. Our residence community is a rich, alive, and dynamic environment that is designed to challenge the mind, prepare students for life on campus, and provide opportunities for growth. Only by understanding and celebrating our diversities can we create an environment where innovation, individuality, and creativity are enriched.

**As members of the IFS community, we inevitably contribute to the shaping of our common values by the choices we make. We ask you to help shape these values by contributing your best thinking in all our interactions: in your class discussions, email communications, and informal conversations with friends in the residence center.**

“At college you meet a lot of people who were raised very different from you or who have different beliefs than you. If you keep an open mind, remember to stay respectful, and try to learn and appreciate what people who are different from you have to offer, you’ll have an easier time making friends.”
A Commitment to Academic Integrity

The academic community at its best depends on each member understanding the common values of our community and personally accepting these standards.

To this end, we expect all participants to:

—demonstrate the highest level of personal integrity;
—respect the rights and feelings of others in this community;
—participate wholeheartedly in the program, both in and out of class;
—embody academic honesty.

Academic Integrity

One of the unique aspects of the academic community is that we who are members accept as our primary task the development and exchange of ideas. As new community members, you will learn to ask questions of your professors and fellow students that enable you to strengthen your understanding of many issues. Learning is a cooperative venture which requires that each individual develop his or her own point of view, while also trusting the truth of what others say and do.

When expressing your ideas, whether in writing or in speech, it is very important that:

—you distinguish ideas and language that are your own from those of other people;
— you always give credit to others for their contributions to your thinking (whether this comes from something that you heard someone say, or something that you have read);
— you learn to distinguish between situations where collaborative learning is appropriate, and those in which you are to rely solely on your own knowledge and resources;
— you state only and always what you believe to be true.

If you are ever in doubt about what is acceptable, talk with your professor, or ask other members of the community whom you think might understand these distinctions. You may also look in the handbook, "The Code of Student Rights, Responsibilities and Conduct," for definitions of academic misconduct.

“Hold yourself accountable in everything you do or say.”
Getting Ahead Academically

“Know what is expected of you from your professor, plan and work ahead, don’t take the assignments for granted (they may be a lot more difficult than they initially appear), acquaint yourself with your classmates so you can work and study together.”

“Pursue individuals you find most fascinating, propagate the ideas you are most passionate about, and find ways to weave your interests into assignments, projects, events, and conversations.”

“Go to class, do all the work, and seek help right away if you’re confused with class material. Even if attendance in class is not mandatory, your professor will say many things that can get lost in translation if you rely only on a book or upon others to give you notes.”

“Remember that learning is your main purpose in coming to college. Make sure your education comes first and it will make your IU experience all the more worthwhile.”
IFS Begins!

Saturday, August 1 is IFS check-in day, read below for further details!

Saturday, August 1

IFS Check-In

Check-In for IFS runs from 12:00 noon to 4:00 p.m. on Saturday, August 1, in Forest Residence Center, 1725 E 3rd Street, Bloomington, IN.

At this time, you will be given your room assignment and your IFS schedule. You will also buy your textbooks (see the details below). You should be checked in and have your belongings in your room before meetings with the seminar professors begin at 4:30 p.m.

*Please see the IFS Check-In Map on the last page of the handbook for parking instructions.

Meeting with Seminar Professor

From approximately 4:30 to 5:30 p.m. your seminar professor will hold an introduction to your first class. Your family is invited, and we strongly encourage them to attend with you!! You will get a glimpse into the course content, connect with your professor, and meet your classmates at this meeting. Specific locations will be posted during Check-In.

Textbooks

After you’ve checked into your dorm room, you will be directed to the IU Bookstore where you will pick up your seminar textbooks. You will need to pay for textbooks at the time of purchase, and you may use either cash, check, or VISA/MasterCard/Discover.

Saturday Evening Meal

Since you will be busy getting settled in your room, we will provide a list of local eating places (some within walking distance) so that you can decide where and when you will have your Saturday evening meal. If your travel schedule allows, we recommend that you dine with your family before they leave Bloomington, or with your new roommate. Your IFS meal plan begins on Sunday, August 2nd.

Building Your IFS Community: First Floor Meeting

On Saturday evening, all IFS students need to attend floor meetings to get acquainted and to gain important insight into the IFS program, establish roommate agreements, and learn about policies of the residence hall. Specific locations and times for floor meetings will be posted at Check-In. If you have questions, your Resident Assistant can help you with resolution at this time.

“Bring a map with you the first week; it can be a lifesaver since most buildings are not marked on all sides.”
**Sunday, August 2**

**IFS Opening Festival, 2pm**

We kick off IFS with the IFS Opening Festival on Sunday afternoon! IFS faculty and staff come together to welcome you to IU and IFS. At this time, you will meet the other students in the program, as well as the IFS Staff, including Resident Assistants (RA’s) and the Seminar Interns. Snacks will be available and the courtyard area is open for frisbee, volleyball, cornhole, and more! Professors (and their family) often attend.

**Monday, Aug 3**

**IFS Seminars Begin – 1st Day of Class**

On the morning of August 3, your seminar begins! Your Interns will walk you to class that Monday morning, so be up and ready to start the day! The heart of IFS is the three-credit academic seminar for which you have registered.

When you are not studying, or completing assignments, you will likely have free time. There will be many opportunities for involvement in a variety of social activities. Everyone is expected to attend a few important IFS-wide or floor-wide activities/meetings. We will give you specific times and locations during Check-In. In addition, there may be activities related to your class planned by your professor or intern which you are expected to attend in addition to class time.

“Introduce yourself at the start of the semester and tell them you’re looking forward to the class – then attend office hours early, so that you’re not cramming before the midterm or final.”
Preparing for IFS

You may want to bring some or all of the following items for IFS

- A computer and power strip/surge protector, extension cord (completely optional-you’ll have 24 hour access to university computers)
- A photo ID, and something to carry your student ID card and/or room key in
- Backpack or book bag
- An appointment calendar or planner to keep track of your schedule and assignments
- Organizational, desk & note taking supplies.
- Alarm clock
- Calculator
- Towels, pillows, and bed linens (extra long, twin-sized)
- A laundry basket with laundry supplies, & clothes hangers, coat hooks, storage crates
- Toiletries, shower shoes (flip-flops), bathrobe, and shower caddy/tote
- First Aid Kit, any necessary prescription medications and vitamins
- Sunscreen, hat, and sunglasses
- An umbrella and raincoat
- Everyday, casual summer clothes
- Work-out Clothes and shoes
- Good, comfortable walking shoes
- A nice outfit (for the IFS closing banquet)
- Reusable plate, bowl, cup, and eating utensils
- Reusable water bottle (reduces waste!)
- Snack food items and beverages (healthy snacks are brain food!)
- Bicycle & helmet with a GOOD lock &headlight (bike racks are available at the residence halls, around campus, & throughout downtown Bloomington)
- Musical instruments (or anything else you might use if participating in an IFS Coffeehouse Night!)
- Games, playing cards, sports equipment (football, basketball, tennis racket and balls, volleyball, frisbee, soccer ball, etc...(optional, IFS has a limited supply)
- Flashlight with batteries (possible IFS night games)

“One of the biggest surprises was how rainy Bloomington gets and how much I notice it whenever I’m walking to class in a downpour without an umbrella.”
What you might want to leave home:

- If you’re planning to go home before cold weather sets in, leave most of your out-of-season clothes at home until later
- Expensive clothing or jewelry
- Large appliances, extra furniture, and large electronics and stereo systems (be considerate, you’ll be sharing a small room with a roommate)
- Bottled water; several Hydration Stations for filling water bottles are located around campus
- To save room in the car, leave a lot of decorations at home; there are plenty of stores in Bloomington that sell posters and other items to decorate your room (finding decorations can be a fun thing to do with your new roommate)
- Your car if you can - it's much cheaper without one, walking is good exercise, and you won't have to fight against traffic or for parking spots in the fall

Items not allowed in the residence halls:

- Alcohol (including empty bottles), illegal drugs
- Candles, smoking pipes, incense, and incense burners
- Toaster ovens, ovens, stoves, and camping stoves, charcoal and propane grills, hot plates
- Electric, open-coil heaters or any appliance with exposed burners
- Halogen lights and lamps
- Nails (in the walls)
- Pets (fish are allowed and exceptions can be made for service animals)
- Waterbeds
- Combustible liquids
- Firearms, BB guns, paintball guns, air guns, pellet guns, sling shots, and weapons
- Fireworks
- Window air conditioners (IFS rooms will be air conditioned)

If you bring more than you’ll need for IFS - We strongly urge you to unpack ONLY what is necessary for IFS, & leave the remainder packed till you move into fall housing. This will make moving into your room in Forest much easier. If you plan to go home before the fall semester begins, you may wish to bring your fall belongings at that time. If you are not able to go home before the fall semester, you will want to store your packed fall belongings in your room so that they are easy to move at the end of IFS.

When IFS is over on August 14, RPS has arranged for trucks to help you move your belongings from IFS housing into your fall residence center.

“Keep your door open when you’re not busy studying; stop by to talk with people on your floor who have their doors open.”
Settling in at IFS

SHIPPING ITEMS TO YOUR FALL RESIDENCE CENTER

Some students choose to ship boxes to their fall residence center. The packages should be addressed to yourself at your fall address, which is:

Your Name  
(Assigned Residence Center)  
Indiana University  
Bloomington, IN 47406  
(Your room number is not necessary to insure delivery)

Note: Shipments will not be accepted prior to July 28.

GETTING TO BLOOMINGTON

If you are flying into Indianapolis International Airport there are bus, taxi, and limousine services to Bloomington. Please see below for further contact information.

Red Tire Taxi  1-812-269-2690  
Yellow Cab  1-812-339-9744  
E-2 Taxi  1-812-961-8294  
Bloomington Shuttle  1-800-589-6004 or http://goexpresstravel.com

CITY of BLOOMINGTON, IN

The City of Bloomington is a medium-sized city with big-city amenities. Bloomington’s cultural life doesn’t stop with Indiana University. Visitors and students alike can visit the theater, go to a concert in the park, have a meal at a local restaurant, go canoeing, catch a movie, and more! We recommend that you and your family learn more about Bloomington on the Visitor Center’s website; it contains a directory of the many attractions that Bloomington has to offer. http://www.visitbloomington.com/

SHOPPING in BLOOMINGTON

We also recommend that you become familiar with the stores and shops in Bloomington. You will be able to significantly reduce the amount of things with which you will have to travel if you can find stores where you can purchase necessary items. School supplies, toiletries, and especially large items like televisions, chairs, rugs, and lights can be purchased in Bloomington. Click the “THINGS TO DO” link on the above website for helpful shopping information.

“I learned the most about IU’s campus and Bloomington when I just got on a bus to see where it went! This is a great way to learn more about the bus routes and how IU and Bloomington are set up.”
YOUR IFS ROOM

Your room has two twin size beds (36” x 80”) and a mattress pad/cover. Students bring their own bed linens & pillows. In each room there are 2 desks with shelves, 2 desk chairs, 2 utility cabinets, 2 rolling file drawers that can be used as side tables, 2 closets, 4 storage drawers (can be stacked or placed under the bed), 1 bookcase. All rooms are carpeted wall to wall and all windows have mini blinds. Your residence hall does not store furniture and all furniture must remain in the room at all times – and set up as found.

For this program, no modifications of the room – such as painting or separating bunk beds—will be allowed. ***Please note that a $50 fine will be assessed per student for separated bunk beds.

- Since all IU campus buildings are smoke-free, all of Residence Halls are non-smoking areas.
- Most rooms are double occupancy - you will most likely share your room with one other person.
- Overnight guests are permitted with the permission of your roommate, and on a limited basis in accordance with the Residence Hall A-Z Guide.
- Please consult with your Resident Assistant and roommate before inviting overnight guests.

On living with a roommate for the first time...

- “Be open-minded, willing to make compromises, and non-confrontational, but don’t be afraid to be honest with one another. Let them know when an action or habit of theirs is bothering you, and make sure to let them know that you are open to suggestions from them as well. This approach eliminates tension and makes the experience of living with someone manageable and enjoyable.”

- “Give it time; don’t expect to feel totally comfortable right away. Spend some time the first few days getting to know your roommate, and what his/her living habits are like. It will help to avoid any future problems.”

- “Be respectful of your roommate’s space. Set up some ground rules early, even if it seems like you do not know the person well enough. It will help avoid problems later.”

“Be nice, cordial, and friendly to your roommate, but if they’re bothering you somehow, let them know. You don’t have to be best friends with your roommate, but you should have a friendly relationship.
MEALS

All IFS students receive an IFS meal plan which is available in Forest for the duration of IFS. Daily, breakfast, lunch, & dinner are served in the Forest Woodlands Food Court. IFS has pre-loaded your Campus Access Card with the number of meal points consistent with the eating habits of a typical student. For students whose eating habits differ, cash or credit cards may be used at any dining facility.

IFS BILLING REMINDER

Your IFS room and board charges will appear on your IU bursar bill. The IU bursar bill is generated electronically and made available online. Student will receive an email notification to their IU (Indiana.edu) email account when the statement is ready. For more detailed information on the billing process, please see: http://bursar.indiana.edu/home/index.php/bursarpay-guide/.

COMPUTING AT IU

While you are welcome to bring your computer and printer to IFS, all students have access to computer labs across campus. Labs are located strategically across campus and in residence halls. A 24-hour Information Commons is located nearby in the Herman B Wells Library.

If you have questions regarding computing at IU, feel free to contact University Information Technology Services (UITS) at (812) 855-6789. When you’re on campus, you can also visit the Information Commons Support Center, located at the Herman B Wells Library.

HEALTH SERVICES

All IFS students are able to use the IU Health Center during the program. The Health Center provides comprehensive health services to meet the medical and psychological needs of students. Included are full service appointments or walk-in medical clinic, pharmacy, lab tests, x-rays, physical examinations, eye clinic, gynecology services and birth control, allergy shots, physical therapy and Counseling & Psychological Services (CAPS).

The Health Center is located on the corner of 10th Street and Jordan Lane, across the street from the Wells Library.

IU Health Center: 8am-4:30pm, (812) 855-4011

"Don’t be afraid to talk to your professors and/or TAs if you feel like you’re struggling. They will be more than willing to help you, and you’ll do better as a result. Also seek study sessions and help sessions if you need further help.”
THE E-MAIL CONNECTION – IT’S IMPORTANT

Email is the most common form of communication between students, staff, and faculty at IU. You should plan to make your IU email account your primary account, and to check your email daily before IFS, and at least twice daily once you arrive at IU. During the course of the IFS program you will receive important information and announcements from the IFS staff via e-mail, and many of your instructors will also use it as a means of contacting you outside of classroom hours. IU is an extremely technologically reliant campus, and you should plan to take advantage of this during your time here, beginning with IFS.

MAIL

From August 1 – August 14, all IFS students live in TBD Residence Center. Your mailing address will be:

(Your Name)
*RESIDENCE HALL TO BE DETERMINED
Intensive Freshman Seminars Program
Indiana University
Bloomington, IN 47406

Your room key opens your mailbox, located in your residence hall lobby. The campus mail service will allow you to send mail to anyone on campus for free.

CARS ON CAMPUS POLICY FOR FRESHMEN

It is university policy to minimize traffic on campus. For this reason, parking options are severely limited. If you need to bring a car to campus, you would be eligible to buy a “D” parking decal at Check-In for the duration of the program.

“Get to know the IFS staff, we’re just as excited to be here as you, even more so because we know what an amazing impact IFS had on our college experience.”
IU DICTIONARY

After a few days at IU, you’ll soon discover that IU is quite unique. The IU community even has their own vocabulary! Although you may be confused at first, in no time you’ll know exactly what is meant when a student says, “I’m leaving the IC to go to the SRSC; I’ll stop by WTS on my way home.” To help you out, here’s a brief run-down of some commonly used acronyms and names at IU.

SRSC, Student Recreational Sports Center:  http://www.iurecsports.org/visit

HPER, Health, Physical Education, and Recreation Building:  http://www.iurecsports.org/visit

WTS, Writing Tutorial Services:  http://www.indiana.edu/~wts/

RPS, Residential Programs and Services:  http://www.rps.indiana.edu

The Woodlands, refers to the food court at Forest Residence Center

KB, refers to the Knowledge Base, an online database to answer all of your information technology needs:  http://kb.iu.edu/

UIITS, University Information Technology Services:  http://uiits.iu.edu/

OneStart, IU’s web portal for online services:  https://onestart.iu.edu

OnCourse or Canvas – Your class will likely use one of these online blackboards

IC, refers to the Information Commons, which is located in the Wells Library and provides a number of group computer spaces and media services.

IUSA, IU Student Association:  http://iusa.indiana.edu/

SAA, Student Alumni Association:  http://alumni.indiana.edu/saa/

BT, Bloomington Transit, one of the bus services in Bloomington:  http://www.bloomingtontransit.com/

“There are so many great places to study around campus if you’re unable to in your room. Checkout the Wells Library next door, sit outside under a tree, or get some work done at a coffee shop downtown.”
The Traditions of IFS

Don’t miss... IFS Coffeehouse Open Mic

IFS Students Got Talent!


It’s all here at the IFS Coffeehouse. And it’s all up to you.

The long-time IFS tradition is a hit every year and a true summer highlight. All of IFS comes together to watch and listen to the many talents of the students in the program. This is your chance to shine on stage!

When you’re packing for IFS, get ready for Coffeehouse and don’t forget to bring your instruments, poetry, music, stand-up routine, dancing shoes, costumes...whatever you need!

CLOSING BANQUET

After your last IFS class it’s time to celebrate! You successfully completed your first IUB course, made your first connection with a university professor, and met friends who will support you throughout your college career.

IFS doesn’t end until we celebrate this achievement and the exciting future that lies ahead with the Closing Banquet! This evening provides the perfect opportunity to come together as a group for the last time and send everyone off with well wishes.

*Appropriate dress for the occasion is business casual or informal attire.
No jeans, shorts, t-shirts, sneakers, or questionable attire please!
If in doubt, check images online or ask your RA.

“Read the bulletin boards, sign up for e-mails, and listen to your heart! Go to what you’re drawn to!”
IFS Activities

Need a study break? There’s something for everyone at IFS!

With physical, mental, and social well-being in mind, IFS students participate in a number of activities to be held at various locations throughout campus.

IFS staff on your floor coordinate downtown dinners, sporting events, and much more. Students will have the opportunity to learn about IU’s outstanding library services as well the many other resources available to support you on campus.

Throughout all of the activities, students will experience the excitement of IU, get to know Bloomington a little better, and develop friendships with other program participants and discover many who have similar interests.

Here’s a sampling of the events for you to choose from:

**IFS OPENING FESTIVAL**

- Campus tours and individual class activities
- Faculty Panel: The Nature of Labor on a Changing Planet
- Coffee Houses
- Speed Friending!
- Academic Forum
- IFS Closing Banquet
Life at IFS

STAY ON CAMPUS

We have designed IFS as a residential program so that we will all have the opportunity to get to know each other and feel responsible for and to each other. We encourage you to take full advantage of IFS by staying on campus during the weekends. Don’t miss the opportunity to meet more friends by taking part in a variety of activities that allow you to explore IU and Bloomington. If for any reason you need to leave campus during these two weeks, it is imperative that you notify your RA in advance.

Manage Your Time - It’s Limited!

- “When you receive a new assignment, carefully read over the requirements and make an honest estimation of the time that it will require. Then, add a couple hours for the sake of caution and set aside time to do the work. If you finish early, then the day is yours, and if the assignment was harder than expected, you won’t be short on time.”
- “Make a schedule or use a daily planner to organize your academic and social obligations. If you don’t, you’re likely to accidentally spend hours on Facebook the night before a paper’s due.”
- “Resist procrastination and start projects early, you’ll regret waiting to the last minute. Prioritize and set aside times each day for your school work. Ultimately, this is the most important, however, make sure you have balance by taking study breaks to hang out with friends and participate in fun activities.”
- “Get a full night’s sleep every night. Most people who under-sleep end up working more slowly and more distractedly, virtually losing the benefit of those extra hours you stayed up.”

GENERAL OVERVIEW OF RULES AND EXPECTATIONS

Quiet Hours:

Your RA will explain how quiet it should be on the floor and how your floor community can best support these guidelines and the academic emphasis of IFS. Quiet hours are:

Sunday-Thursday: 9pm-9am
Friday-Saturday: midnight-10am
*Please note that Courtesy Quiet Hours are in effect 24 hours a day

“No matter where I go, I always have my planner with me. It helps me stay on track with everything I have going on.”
Escort Policy:
All guests must be escorted at all times while in the residence hall. Guests are those people who do not live on your floor. Residents are responsible for the conduct of their guests at all times. Under all circumstances, the privacy of a roommate takes priority over a guest.

Smoking/Alcohol/Drugs:
IU is a smoke-free campus; the use of tobacco and tobacco products is prohibited on university property, with the exception of designated smoke areas around campus. Residence halls are smoke-free, alcohol-free, and drug-free. This policy is aimed at providing a healthier work and learning environment for our entire campus community. All University regulations apply during IFS.

Room Responsibility:
Residents are responsible for any activities or damages that occur in the room to which they are assigned. In addition, residents or guests who are present in a residence hall room and know that a violation is occurring will be deemed complicit in the activity unless the person has left the room and/or immediately reported the situation to a university official upon discovering the violation.

Floor Damage:
Damage to public areas and furnishings within the residence hall is considered to be the responsibility of the residents of that building, house, or floor. If individuals responsible for the damage cannot be identified, the residents of that building, house, or floor will become collectively responsible for the cost of repair and/or replacement.

Offensive Language/Symbols:
Writing offensive and/or inappropriate language or symbols on dry erase boards, bulletin boards, or other areas frequented by the public is prohibited.

Personal Furniture
Personal furniture, such as bikes and other belongings may NOT be stored in public areas. Bike racks are available to students outside your dorm. (Don’t forget to bring your bike lock from home!)

“Dive in head first! Don’t be afraid to try something new, but make sure it’s LEGAL!”
Introducing the IFS Staff!

**ALEJANDRA AGUILAR PÉREZ**
Hometown: Elkhart, IN
Major/minors: German, International Studies

**CHRYSSA ATHANS**
Hometown: Park Ridge, IL
Major/minors: Biology, Psychology, Anthropology

**EM BREWINGTON**
Hometown: Greenwood, IN
Major/minors: French, English; Comp Lit

**ELEANOR BROWER**
Hometown: West Lafayette, IN
Major/minors: Cognitive Science & German

**CARSON CURRY**
Hometown: Cincinnati, OH
Major/minor: Finance; Accounting

**NATALIE DRAPER**
Hometown: Dayton, OH
Major/minors: Secondary Math Ed

**RACHEL GARASTIK**
Hometown: Griffith, IN
Major/minors: International Studies, French

**KATIE GRAY**
Hometown: Vincennes, IN
Major/minors: Speech & Hearing Sciences

**CODY HAUPERT**
Hometown: Roann, IN
Major/minors: Human Develop.& Family Std.; Social & Public Health

**LEXIE HEINEMANN**
Hometown: Valparaiso, IN
Major/minors: Informatics, Telecommunications, Fine Arts

**CHRIS HORNER**
Hometown: Elkhart, IN
Major/minors: International Business, Marketing, Spanish

**SCOTT HUGHES**
Hometown: Reynolds, IN
Major/minors: Marketing/Entrepreneurship; Informatics

**JACOB KELLERMIEIER**
Hometown: Fishers, IN
Major/minors: Neuroscience; Psych

**KYLE KIRK**
Hometown: Crown Point, IN
Major/minors: Social Studies Secondary Ed

**EMILEE LARSON**
Hometown: New Palestine, IN
Major/minors: Biochemistry, Human Biology, Spanish, Psych

**STEPHANIE MILKOVIC**
Hometown: Lincolnshire, IL
Major/minors: Neuroscience & Spanish; Psych

**SAMUEL MYREN**
Hometown: Indianapolis, IN
Major/minors: Exploratory Business/Marketing; Spanish

**SHREYA PATEL**
Hometown: Indianapolis, IN
Major/minors: Exploratory Business/Marketing; Spanish

**ELLEN POTOSNAK**
Hometown: Indianapolis, IN
Major/minors: Exploratory Business/Marketing; Spanish

**CHASE RUDNER**
Hometown: Fishers, IN
Major/minors: SPEA Management & Geography; History

**JACK RYAN**
Hometown: Bloomington, IN
Major/minors: Microbio & Neuroscience; Chemistry & Psych

**KERRY RYFFEL**
Hometown: St. Louis, MO
Major/minors: Psychology / Folklore & Ethnomusicology

**BRIAN SANGIL**
Hometown: Shelbyville, IN
Major/minors: Informatics; Human-Centered Computing

**NATALIE SARCONA**
Hometown: Bloomington, IN
Major/minors: Informatics; Human-Centered Computing

**TANNER SNIDER**
Hometown: Vincennes, IN
Major/minors: Finance and Management
Staff (Con’t)

**ERIN SOMMER**  
Hometown: West Lafayette, IN  
Major/minors: Biology

**SARAH SWANK**  
Hometown: Indianapolis, IN  
Major/minors: History

**KEVIN TANSEY**  
Hometown: Berkeley Heights, NJ  
Major/minors: Marketing & Management

**CAROLINE WARREN**  
Hometown: West Lafayette, IN  
Major/minors: Communication & Culture; Spanish & Intl. Std

**KALE WILK**  
Hometown: Schererville, IN  
Major/minors: Journalism, History, German

“Go to call out meetings that interest you. IU becomes a lot smaller when you get involved with different clubs and organizations.”

**IFS Administrative Staff**

*Mike Beam, Director:* mibeam@indiana.edu  
*Peter Roeth, Assistant Director*  
*Deb Mart, Student Services Coordinator:* dmart@indiana.edu

“Explore as many different nooks and crannies as possible; go hiking, try a new restaurant every time you go out, go dancing at different places, and pick friends who like to go on adventures too.”
Introducing the IFS Faculty!!

Leaving Teenage Wasteland: Expectations of Adulthood in Literature and Culture
Dana Anderson  danaande@indiana.edu

17 Objects: A Cultural History from the Unicorn Horn to the VW Beetle
Fritz Breithaupt  fbreitha@indiana.edu

Through the Looking Glass: Theory, Identity, and Dress
Deborah Christiansen  delchrision.edu

Global Media at Home and in the World
Stephanie DeBoer  sdeboer@indiana.edu

Food for Thought: Food Policy and Poverty from Local to Global
Andrew Libby  alibby@indiana.edu

Blood, Babies, and Chainsaws: Femininity and Horror in Popular Culture
Jen Maher  jemaher@indiana.edu

The Trouble with Medical Miracles: Understanding the Science and Impact of Cloning, Curing Cancer, and Modern Advances in Biology
George Malacinski  malacins@indiana.edu

The Science of Psychoactive Drugs
Bruce Martin  martin1@indiana.edu

The Critical Issue: Philosophy, Film, and Music
David McCarty  dmccarty@indiana.edu

Music, Identity and Social Life: Performance and Community Action
David McDonald  davmcdon@indiana.edu

You Can’t Say That! The Limits of Free Speech in the United States
Michael McGregor  mcgregom@indiana.edu

Foundations of Leisure & Public Health in Modern Society
Rasul Mowatt  ramowatt@indiana.edu

“Get connected to IU by visiting the Activity Fair at the beginning of fall semester and sign up on student group email lists.”


**Psychopaths: Born or Made?**
Theresa Vechoa tochoa@indiana.edu

**Culture and Revolution in Paris, 1850 - 1900**
David Pace dpace@indiana.edu

**Traffic: Transitional Narratives of Circulation**
Jonathan Reisner jtrisner@indiana.edu

**The Rationality of Mental Operations**
Leah Savion lsavion@indiana.edu

**Morality, the Mind, and the Media: A Closer Look at Moral Perspective-Taking**
Andrew Weaver weaveraj@indiana.edu

**The Struggle for Civil Rights: Reacting to the Past**
Carl Weinberg crweinbe@indiana.edu

“Study groups can be beneficial, but not always the panacea. Going directly to the professors at their office hours has always been the best way to excel in classes.”

**Working with your Professors**

- “Most professors have office hours where students can come and get a more one-on-one experience that they may not be able to get in a classroom. Most professors are excited to see students come to their office hours and take interest in the subject matter.”

- “Participate in class! Participation will make you stand out from the crowd and the professor will feel more connected to you. Don’t be afraid to approach the professor with any questions after class too.”

- “Sit in the first few rows in class, introduce yourself to them and keep in contact with them outside of class through office hours and emails, especially if you are struggling with the course material.”

“If you ever lose your motivation or confidence, revisit the goals you have for yourself.”
After IFS

**IFS MOVE-OUT on AUGUST 14**

The IFS residence hall housing contract ends on the morning of Friday, August 14. All students must be out of their IFS room completely by this time. You will be assigned a move-out time based on where your fall residence hall center is located. These move-out times begin at 7:30am and continue until 9:30am. You will be notified of your move-out time during Check-In.

Residential Programs & Services (RPS) supports the move out process by providing moving trucks, vans, and other transportation that IFS students can use to transport their personal items to their permanent residence hall. Students are responsible for bringing their own belongings to the truck/vehicle drop-off point designated for their fall residence hall. If you plan to use the provided vehicles to move your belongings, you must have all of your belongings packed, tagged, outside, and ready to be loaded at the appropriate time since the vehicles will follow a schedule.

If you plan to use your own vehicle or are having family members come to Bloomington to help you move, you will still need to move out at the appointed time. Thus, your family should make plans to be in Bloomington early enough on the morning of August 14 to adhere to your assigned move-out time. Move-out times will be noted at check-in and again the last week for the program.

**STAYING ON CAMPUS AFTER IFS ENDS**

IFS students move their belongings into their fall semester residence center at the end of the IFS program. Students may stay on campus, or go home for the period between IFS and Welcome Week. Food costs for this time will not be covered by the IFS or regular RPS meal plans, and are the responsibility of the student who choose to stay on campus. All residence centers will be fully staffed, and meal points may be added to your Campus Access Card at any time so that you may eat in the residence halls between IFS and Welcome Week. Each year, about half of the IFS students choose to stay on campus. It is the perfect opportunity to further explore the campus, relax, and hang out with friends you have already made from the program.

“Make it a point to visit as many new and unique places as possible. Instead of eating dinner at chain restaurants, travel downtown with a group of friends to sample appetizers at various Fourth Street restaurants. Instead of going to the mall or the SRSC, take some time to play frisbee at Dunn Meadow, browse shops on Kirkwood, or spend a day out on Lake Monroe with friends. Be adventurous!”
FALL WELCOME WEEK 2015 — AUGUST 19 - AUGUST 21

Whether or not you leave campus after IFS, you’ll definitely want to be back by Wednesday, August 19 for the beginning of Welcome Week. There are a variety of informative and fun activities planned by the Office of First Year Experience that will help you get ready for the start of the academic year.

Welcome Week helps you start off on the right foot before your regular semester IU classes begin on Monday, August 24!

Next Steps:

DON’T FORGET! Please fill out your Contact Information and Personal Survey for the IFS Office by July 6, 2015.

IF YOUR PLANS CHANGE If for any reason you decide not to attend IFS, please call our office as soon as possible so that we may cancel your registration and give someone else your space.

QUESTIONS? In early July, you may hear from us again, this time in the form of a letter from your seminar professor. Most likely, this letter will contain an assignment. If you have any questions about anything between now and August 1, please don’t hesitate to email (ifs@indiana.edu) or phone the IFS office at 1-800-255-7943.

We are excited for IFS to begin and look forward to seeing you at check-in on

August 1, from 12 noon to 4pm!

And don’t forget the one-and-only opportunity for your family to attend an IU class with you! Bring your family to meet your professor at 4:30 pm on check-in day!!!

“When I entered as a freshman, I was surprised at the number of people who held very different beliefs than me. I found it very helpful to keep an open mind, get to know people who were different than me, and share my personal beliefs with others.”
**IFS Check-In Map**
Saturday, August 1
12 noon – 4pm: Check-In at Forest Residence Center
4:30pm: First class meeting – family welcome!!!
(Locations Noted at Check-in)
Evening: IFS Floor Meetings (Location & time posted on your floor)

**Driving Directions:**

**From the north:** Take Ind. 37 to the first Bloomington exit (Walnut Street/College Avenue). Take College Avenue south through several stoplights to 10th Street. Turn left and continue east on 10th Street to Union Street. Turn right and continue to Seventh Street, then turn right again. The first street on the left is Rose Avenue. Turn left. Willkie Quad is on the left, continue down Rose and a parking lot should be on your right before 3rd street. Forest is the building on 3rd connected to the parking lot.

**From the west:** Take Ind 46 into Bloomington. At the intersection of Ind. 46/45 and College Avenue/Walnut Street, turn right. Take College Avenue south through several stoplights to 10th Street. Turn left and continue east on 10th Street to Union Street. Turn right and continue to Seventh Street, then turn right again onto 7th. The first street on the left is Rose Avenue. Turn left onto Rose. Willkie Quad is on the left, continue down Rose and a parking lot should be on your right before 3rd street. Forest is the building on 3rd connected to the parking lot.

**From the south:** Take Ind. 37 north to the Ind. 46 East exit. At the intersection of Ind. 46/45 and College Avenue/Walnut Street, turn right. Take College Avenue south through several stoplights to 10th Street. Turn left and continue east on 10th Street to Union Street. Turn right and continue to Seventh Street, then turn right again onto 7th. The first street on the left is Rose Avenue. Turn left onto Rose. Willkie Quad is on the left, continue down Rose and a parking lot should be on your right before 3rd street. Forest is the building on 3rd connected to the parking lot.

**From the east:** Take Ind. 46 into Bloomington, where it becomes East Third Street. Continue west on Third Street. Turn right on Rose Avenue. The parking lot should be directly to your left. Forest is the building on 3rd connected to the parking lot.