



INTENSIVE FRESHMAN SEMINARS

IFS Guide

2017

This handbook contains useful information about:

Preparing for IFS

Move-In and Move-Out

Life at IFS

Greetings from the IFS Office!

Welcome to the 2017 Intensive Freshman Seminars (IFS) program! We are very pleased to offer you an introduction to Indiana University Bloomington, which we expect to be intellectually stimulating and socially rewarding.

At IFS, you'll be more involved than you have ever been – don't expect a lot of unused time. In addition to class work and preparation for class, you will also experience the rich cultural opportunities at IU and in Bloomington and learn about faculty expectations of college students. You may also participate in a variety of activities including informal sports, movie nights, arts performances, and programs highlighting various IU and community services. Part of the experience is balancing your time and learning to have fun while also working hard to be a successful college student.

You will have a chance to get to know other freshmen, the student staff, your professor, and us; we hope these connections will help to sustain you throughout your time here.

We hope that as you look back on this program you will feel that it was one of the best experiences you had at IU. Please feel free to tell us how we may help you be successful here. The IFS Office will be located in Forest Residence Center throughout the program.

In July, you will likely receive a letter from your IFS professor, which may contain an assignment to get you started before IFS begins. Don't hesitate to email us at ifs@indiana.edu or call us at 812-855-3839 if you have questions before you arrive on July 30. We look forward to getting to know you!

Sincerely,

Mike Beam, Director

Peter Roeth, Assistant Director

Deb Mart, Special Registrations Coordinator

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IFS 2017 Calendar

IFS 2017: July 30-August 15

Below is a basic calendar of events for IFS. More specific times will be posted later, and class activities and fieldtrips and floor events are not included. Classes meet every weekday and some weekend days.

<i>July 30</i> <i>IFS move-in</i> <i>First class meetings</i> <i>Opening Festival</i> <i>Floor meetings</i>	<i>July 31</i>	<i>August 1</i>	2 <i>Open Mic Night</i>	3	4	5
6	7	8	9 <i>Open Mic Night</i> <i>Floor meetings</i>	10	11 <i>IFS move-out to fall housing</i> <i>Faculty Panel</i>	12
13	14	15 <i>IFS Academic Forum and Closing Banquet</i>	16 <i>Welcome Week</i>	17	18	19
20	21 <i>IU classes begin</i>	22	23	24	25	26

The Indiana Promise

Indiana University is a community built on the foundations of academic excellence, personal development, and social responsibility. The expectations of this community include: engaging in rigorous intellectual inquiry and artistic creativity, recognizing each individual's accountability for his or her own behavior, and appreciating the contributions made by all community members.

The Indiana Promise expresses the student's commitment to these values and acknowledges the importance of the student's active participation in the IU experience. This promise is made by students both to Indiana University and to themselves.

IFS supports this promise and seeks to hold students to its standards and expectations.

I promise that:

I will be ethical in my academic work.

I will take personal responsibility for what I say and what I do.

I will respect the dignity of others, treating them with civility and understanding.



INDIANA UNIVERSITY

IU and IFS Policies

All IFS students are expected to uphold and follow IU policies. The majority of policies are explained in the [Code of Student Rights, Responsibilities, and Conduct](#). IFS specifically seeks to promote academic integrity, respect for diversity, responsibility for one's actions, and positive and encouraging living-learning environments.

Inappropriate or illegal behavior on or off campus will not be tolerated during the IFS program, and student misconduct might result in immediate dismissal with no refund.

IFS also supports [Culture of Care](#) at IUB. Students are encouraged to care for one another through bystander intervention in order to create safe and healthy campus culture.

IFS Preparations

Packing List

Residential Programs and Services (RPS) offers a great [packing guide](#) for your room in the residence hall. See this extensive list for necessary, optional, and prohibited items.

To reiterate, for your time at IFS we recommend you bring the following:

- Personal toiletry, hygiene, and cosmetic products
- Bathroom tote/caddy
- Bathrobe, shower shoes, and towels
- Bed linens, blankets, and pillow (extra-long twin size sheets are recommended)
- Basic cleaning supplies
- Clothes hangers
- Laundry basket/bag and detergent
- Personal prescription medications
- Computer
- Surge protectors and extension cords
- Umbrella and raingear
- Backpack
- Organizational and note taking supplies
- Seasonal clothes (with comfortable walking shoes)
- Exercise apparel
- Business professional outfit (for the Academic Forum and Closing Banquet)
- Musical instruments (for Open Mic Nights)

You might want to consider leaving the following items at home to bring another time:

- Fall and winter clothes
- Room decorations
- Refrigerator
- Microwave
- TV
- Furniture

Below is a *partial* list of prohibited items in the residence halls:

- Alcohol (including empty bottles)
- Smoking devices such as hookahs, pipes, cigarettes, electronic cigarettes, cigars, etc.
- Candles, incense, and incense burners
- Toaster ovens, camping stoves, grills, hot plates, and crock pots
- Halogen lights and lamps
- Pets (except fish)
- Firearms (including BB, paintball, air, and pellet guns, sling shots, and other weapons)
- Fireworks
- Air conditioners

Mail Shipments to Your Fall Residence Center

Some students choose to ship belongings to their fall residence center. The packages should be addressed to yourself at your fall address as follows:

[Student's Name]
[Student's Fall Residence Center]
Indiana University
Bloomington, IN 47406
(Your room number is not necessary to ensure delivery)

Note: Shipments will not be accepted prior to August 1.

Getting to Campus

If you are flying into the Indianapolis International Airport, there are multiple transportation options to Bloomington. Please see below for further information.

Go Express Travel: <https://goexpresstravel.com>
Star of America: <http://www.soashuttle.com/locations/bloomington-to-indianapolis>
Red Tire Taxi: <http://redtiretaxi.com>
E2Taxi: <http://e2taxi.com>

A detailed move-in map is provided below.

City of Bloomington

The City of Bloomington is a medium-sized city with big-city amenities. Bloomington's cultural life doesn't stop with Indiana University. Visitors and students alike can visit the theater, go to a concert in the park, have a meal at a local restaurant, catch a movie, and more! We recommend that you and your family learn more about Bloomington on the [Visitor Center's website](#).

Nearby Restaurants

Below are some nearby restaurants that you might want to try out with your family for a meal on Sunday:

- Restaurant Ami (3 minute walk from Forest)
- Mother Bear's Pizza (3 minute walk from Forest)
- Red Chopsticks (3 minute walk from Forest)
- Dragon Express (3 minute walk from Forest)
- Bear's Place (4 minute walk from Forest)
- Many well-known Bloomington restaurants are located near the Sample Gates on Kirkwood Avenue or downtown near the courthouse (20+ minute walk from Forest/1+ mile).

- Many international restaurants are located on 4th Street on the west side of campus (20 minute walk from Forest/1 mile).
- Chain restaurants can be found along South College Mall Road near the mall (5 minute drive from Forest/1+ mile).

Beginning IFS

IFS move-in is Sunday, July 30!

Move-In and First Day of Class

Sunday, July 30

Check-In

IFS check-in runs from 10:00am-2:00pm on Sunday, July 30 at Forest Residence Center. Upon checking-in, you will be given your IFS room assignment (including roommate assignment) and other important information. The afternoon and early evening is a great time to buy and/or pick up textbooks (see details below). Please move your belongings into your room prior to 4:00pm when you will meet with your class for the first time.

First Class Meeting

Your seminar professor will hold an introductory class at 4:00pm for about an hour. *Your family is invited and encouraged to attend with you!* You will meet your professor and fellow classmates and receive a glimpse of the course content. The specific locations for these meetings will be provided at check-in; your Teaching Intern (TI) will probably direct you to the location.

Textbooks

If your professor requires textbooks, the IU Bookstore will have your materials ready for pick up on Sunday afternoon. You will need to pay for your textbooks at the time of purchase, and you may use either cash, check, or credit. (Please read your course material in the summer to learn more about textbooks for your specific class.)

Sunday Dinner

Since you may still be getting settled into your room and saying goodbye to your family on Sunday late afternoon, we have provided a list of recommended local dining establishments (some are within walking distance). We recommend eating with your family before they leave Bloomington, and consider taking along your new roommate! Your IFS meal plan begins on Monday, July 31.

Opening Festival

The Opening Festival at 7:00pm is a great time to meet and greet fellow students after you family has left campus. Music, games, and food are part of this traditional welcoming event. There will be activities to help you mingle and get to know your roommate, fellow floor residents, and classmates.

First Floor Meeting

On Sunday night at 9:30pm, all IFS students are required to attend floor meetings to get acquainted with fellow residents and to learn more about the IFS program, residence hall policies, and other important information. Specific locations will be posted at check-in. Your Residence Assistant (RA) will lead the meeting and answer questions you may have.

Monday, July 31

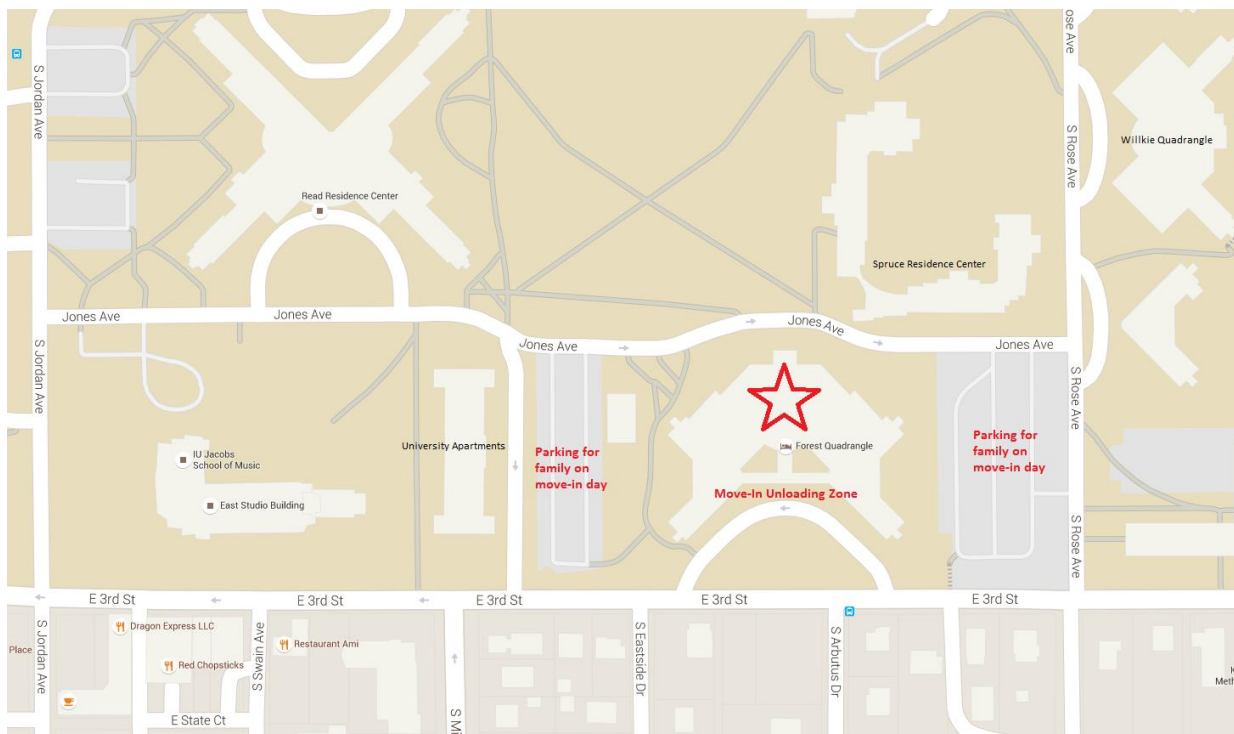
First Day of IFS Classes

Your class officially begins this morning! Your Teaching Intern will provide instructions about breakfast and a meeting place in order to get to class on time as a group.

When you are not in class or studying, there will be many opportunities for a variety of social activities. The student staff members will plan activities and events to help you relax, have fun, and meet new people. Most of these activities are voluntary, but a few events are mandatory and will be announced in advance.

Move-In Map

For move-in and check-in, use the map below as a guide. Vehicles can be momentarily parked in the Forest move-in unloading zone (15 minutes maximum) but then immediately need to be moved to the parking lots to the east or west of Forest (temporary for move-in day). After move-in day, student vehicles need to be registered with the Office of Parking Operations and parked in the correct lot according to permit.



Life at IFS

Traditions at IFS

Something is always happening at IFS! Below are some traditional activities that you can expect:

- **Opening Festival**
Get to know fellow IFS students through an outdoor festival full of games, food, and music!
- **Open Mic Nights**
Share your talent at an Open Mic Night. Music, dance, group acts, poetry, comedy, and more are welcome.
- **Faculty Panel**
Listen to some IFS faculty briefly share about [IU's Themester topic on diversity•difference•otherness.](#)
- **Floor Events**
Your RA will plan floor activities to help you become familiar with campus and Bloomington.
- **Academic Forum**
Showcase your class learning at this event attended by all IFS students and campus guests.
- **Closing Banquet**
To conclude IFS, we will celebrate by enjoying a dinner together and ceremonially ending the program before Orientation Week begins.

Staying on Campus

IFS is designed as a residential program so that everyone has the opportunity to get to know one another in an academic environment. We encourage you to take full advantage of IFS by planning to stay on campus on the weekends (there are often curricular or co-curricular expectations on the evenings and weekends). Remaining in Bloomington and spending time in the dorm will allow you to meet new friends and participate in IFS activities. If you do need to leave campus for a prolonged period of time, please inform your RA in advance.

Dorm Room

All IFS participations will have a roommate, unless a special request is made on the IFS application and approved by the IFS Office. Most roommates will be in the same class, but there is a chance that roommates will be in different courses.

Your dorm room will have two twin extra-large size beds (36 in x 80 in) and mattress covers. Students should bring their own bed linens and pillow. There are also two desks, two rolling file drawers, two desk chairs, two wardrobes, and two storage drawers. All rooms are carpeted, and the windows have blinds. Your residence hall does not store furniture, and dorm furniture must remain in the room at all times.

Due to the short duration of the program, no modifications of the room are allowed. A fine will be assessed for separated bunk beds.

All IU campus buildings are smoke-free, including residence halls.

Overnight guests are discouraged during IFS; please consult with your RA to ensure protocol is followed. Your roommate must provide permission for any guests.

Meals

All IFS students receive a meal plan which is available in the Forest dining area called The Restaurants at Woodland (and will be usable at other residence centers after the August 11 move-out). Breakfast, lunch, and dinner are served daily. IFS will pre-load your CampusAccess card with meal points, and unused meal points will rollover to the fall semester. Cash or credit cards are also accepted at dining facilities. The fall semester meal plan begins on August 13.

Technology

You are welcome to bring your own computer and printer to IFS. All students have access to computer labs with printers across campus, including in Forest.

Email is the most common form of communication during college, including for IFS. You should plan to make your IU account your official and primary account that you check daily. IFS personnel will communicate with you mainly through email. Wi-Fi is available almost everywhere on campus.

If you have questions regarding technology at IU, contact University Information Technology Services (UITS) at <https://uits.iu.edu> or 812-855-6789. You can also visit the Learning Commons in Wells Library for support assistance.

Mail

During IFS, you can receive postal mail via your residence hall mailbox. Your room key will open your mailbox which is located in the residence hall lobby.

Mail should be addressed as follows:

[Student's Name]
Forest Residence Center
IFS Program
Indiana University
Bloomington, IN 47406

Vehicles on Campus

IUB tries to minimize traffic on campus and limits parking options, especially for freshmen students. Cars during IFS are not recommended due to parking restrictions and the busyness of the program. More information can be found on the [Office of Parking Operations website](#).

Health Services

All IFS students are able to use the IU Health Center during the program, although hours might be limited during early August. The Health Center provides comprehensive health services to meet the medical and psychological needs of students. Visit their [website](#) to view the full range of services.

CAPS (Counseling and Psychological Services) is also located in the Health Center to assist students with mental health needs.

General Policies and Expectations

- **Quiet Hours**
In order to maintain a healthy living-learning environment, quiet hours are enforced to ensure students can study and sleep. Your RA will explain quiet hours and the specific times. Courtesy hours, which means maintaining an appropriate noise level so as not to disturb other students, are in effect all the time.
- **Escort Policy**
All guests must be escorted at all times while in the residence hall. Guests are people who do not live on your floor. Residents are responsible for the conduct of their guests at all times. Remember to respect the privacy and wishes of your roommate.
- **Tobacco/Alcohol/Drugs**
IU is a tobacco-free campus. The use of tobacco products is prohibited on campus with the exception of designated smoking areas. Residence halls are tobacco-free, smoke-free, alcohol-free, and drug-free in order to provide a safe and healthy living and learning environment for all residents.
- **Room Responsibilities**
Residents are responsible for any damages that occur in the room to which they are assigned. Residents or guests who are present in a residence hall room and know a violation is occurring will be deemed complicit unless the inappropriate activity is reported immediately.
- **Personal Belongings**
Personal belonging such as furniture or bikes cannot be stored in public areas, such as hallways or stairwells. Bike racks are available across campus (bring a bike lock).

Concluding IFS

IFS Move-Out on Friday, August 11

Due to early arrivals and freshmen move-in, IFS students must move to their fall residence hall rooms a few days before the IFS program actually concludes. The IFS residence hall housing contract ends on the morning of Friday, August 11. All students must move out of their IFS room into their fall housing assignment on this day. You will be assigned a move-out time based on where your fall residence hall center is located. These move-out times begin at 8:00am and continue until 11:00am. You will be notified of your specific move-out time via email a few days before August 11.

Residential Programs and Services (RPS) supports the move-out process by providing moving trucks that IFS students can use to transport their personal items to their fall residence hall. Students are responsible for bringing their own belongings to the truck pick-up point designated for their fall residence hall at the assigned time. If you plan to use the provided vehicles to move your belongings, you must have all of your belongings packed, labeled, outside, and ready to be loaded at the appropriate time since the vehicles will follow a schedule.

If you plan to use your own vehicle or are having family members come to Bloomington to help you move, you will still need to move out at the appointed time. Thus, your family should make plans to be in Bloomington early enough on the morning of August 11 to adhere to your assigned move-out time.

Welcome Week: August 16-20

Immediately following the conclusion of IFS on August 15, IU's Welcome Week for first-year students begins. There are a variety of informative and fun events planned by the [Office of the First Year Experience](#) that will help you prepare for the start of the academic year. Welcome Week wraps up before the first day of classes on Monday, August 21.

IU Resources

IUB Dictionary

After a few days at IU, you'll soon discover that IU is quite unique. The IU community even has its own vocabulary! Although you may be confused at first, in no time you'll know exactly what is meant when a student says, "I'm leaving the IC to go to the SRSC; I'll stop by WTS on my way home." To help you out, here's a brief run-down of some commonly used acronyms and names at IU.

SRS, Student Recreational Sports: <http://recsports.indiana.edu>

WTS, Writing Tutorial Services: <http://www.indiana.edu/~wts>

RPS, Residential Programs and Services: <http://www.rps.indiana.edu>

The Woodlands, refers to the food court at Forest Residence Center

KB, Knowledge Base, an online database to answer all of your information technology needs:
<http://kb.iu.edu>

UITS, University Information Technology Services: <http://uits.iu.edu>

One, IU's one-stop web portal for online services: <https://one.iu.edu>

Canvas refers to the online learning platform that your classes will likely utilize

IUSA, Indiana University Student Association: <http://iusa.indiana.edu>

BT, Bloomington Transit, the bus services in Bloomington: <http://www.bloomingtontransit.com>

Final Details

Contact Information

If you have questions, feel free to contact the IFS Office by email at ifs@indiana.edu or by phone at 812-855-3839.

IFS Bill

Your IFS charges will appear on your IU bursar bill. For more detailed information on the billing process, please see the [Office of the Bursar's website](#).

Withdraw

If for any reason you decide not to attend IFS, please contact our office as soon as possible so that we may cancel your registration and free up your reservation for another student. Requests for withdraw need to be in writing, so please use the [IFS Contact Form on the IFS website](#) or [email](#) the IFS Office.

Class with Family

The one and only opportunity for your family to attend an IFS class is Sunday afternoon at 4:00pm on move-in day. Feel free to bring your family to meet your professor for a short introductory class.

Website

Check back on the [IFS website](#) throughout the spring and summer for updated information.