IFS Guide

2020

This handbook contains useful information about:

Preparing for IFS
Move-in and Move-out
Life at IFS
Greetings from the IFS Office!

Welcome to the 2020 Intensive Freshman Seminars (IFS) program! We are very pleased to offer you an introduction to Indiana University Bloomington, which we expect to be intellectually stimulating and socially rewarding.

At IFS, you’ll be more involved than you have ever been – don’t expect a lot of unused time. In addition to class work and preparation for class, you will also experience the rich cultural opportunities at IU and in Bloomington and learn about faculty expectations for college students. You may also participate in a variety of activities including informal sports, movie nights, arts performances, and programs highlighting various IU and community services. Part of the experience is balancing your time and learning to have fun while also working hard to be a successful college student.

You will have a chance to get to know other freshmen, the student staff, your professor, and us; we hope these connections will help to sustain you throughout your time here.

We hope that as you look back on this program you will feel that it was one of the best experiences you had at IU. Please feel free to tell us how we may help you be successful here.

In July, you will likely receive a letter from your IFS professor, which may contain an assignment to get you started before IFS begins. Don’t hesitate to email us at ifs@indiana.edu or call us at 812-855-3839 if you have questions. We look forward to getting to know you!

Sincerely,

Mike Beam, Director

Tanya Koontz Orbaugh, Assistant Director

Deb Mart, Program Coordinator
IFS 2020 Calendar

**IFS 2020**

The 2020 IFS calendar is developing in concert with IUB’s fall planning. Virtual aspects of IFS will occur as early as August 2nd, and these will extend into and be blended with the in-person instruction.

In accordance with IU’s return to campus plan, IFS in-person programming (class meetings, events, etc.) cannot begin until students are able to move into the residence halls. We are working with Residential Programs & Services to identify move-in dates for IFS students and will share this information as soon as it is available.

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The Indiana Promise

Indiana University is a community built on the foundations of academic excellence, personal development, and social responsibility. The expectations of this community include: engaging in rigorous intellectual inquiry and artistic creativity, recognizing each individual’s accountability for his or her own behavior, and appreciating the contributions made by all community members.

The Indiana Promise expresses the student’s commitment to these values and acknowledges the importance of the student’s active participation in the IU experience. This promise is made by students both to Indiana University and to themselves.

IFS supports this promise and seeks to hold students to its standards and expectations.

I promise that:

I will be ethical in my academic work.

I will take personal responsibility for what I say and what I do.

I will respect the dignity of others, treating them with civility and understanding.
All IFS students are expected to uphold and follow IU policies. The majority of policies are explained in the Code of Student Rights, Responsibilities, and Conduct. IFS specifically seeks to promote academic integrity, respect for diversity, responsibility for one’s actions, and positive and encouraging living and learning environments.

Inappropriate or illegal behavior on or off campus will not be tolerated during the IFS program, and student misconduct might result in immediate dismissal with no refund.

IFS also supports Culture of Care at IUB. Students are encouraged to care for one another through bystander intervention in order to create safe and healthy campus culture.
IFS Preparations

Packing List

Residential Programs and Services (RPS) offers a great packing guide for your room in the residence hall. Refer to this extensive list for necessary, optional, and prohibited items.

To reiterate, for your time at IFS we recommend you bring the following:

- Personal toiletry, hygiene, and cosmetic products
- Bathroom tote/caddy
- Bathrobe, shower shoes, and towels
- Bed linens, blankets, and pillow (extra-long twin size sheets are recommended)
- Basic cleaning supplies
- Clothes hangers
- Laundry basket/bag and detergent
- Personal prescription medications
- Computer
- Surge protectors and extension cords
- Umbrella and raingear
- Backpack
- Organizational and note taking supplies
- Seasonal clothes (with comfortable walking shoes)
- Exercise apparel
- Business professional outfit (for the Academic Forum and Closing Reception)
- Musical instruments (for Open Mic Nights)

You might want to consider leaving the following items at home to bring another time:

- Fall and winter clothes
- Room decorations
- Refrigerator
- Microwave
- TV
- Furniture

Below is a partial list of prohibited items in the residence halls:

- Alcohol (including empty bottles)
- Smoking devices such as hookahs, pipes, cigarettes, electronic cigarettes, cigars, etc.
- Candles, incense, and incense burners
- Toaster ovens, camping stoves, grills, hot plates, and crock pots
- Halogen lights and lamps
- Pets (except fish)
- Firearms (including BB, paintball, air, and pellet guns, sling shots, and other weapons)
- Fireworks
- Air conditioners
**Mail Shipments to Your Fall Residence Center**

Some students choose to ship belongings to their fall residence center. The packages should be addressed to yourself at your fall address as follows:

[Student’s Name]
[Student’s Fall Residence Center]
Indiana University
Bloomington, IN 47406
(Your room number is not necessary to ensure delivery)

Note: Shipments will not be accepted prior to August 1.

**Getting to Campus**

If you are flying into the Indianapolis International Airport, there are multiple transportation options to Bloomington. Please see below for further information.

Go Express Travel: [https://goexpresstravel.com](https://goexpresstravel.com)
Red Tire Taxi: [http://redtiretaxi.com](http://redtiretaxi.com)
E2Taxi: [http://e2taxi.com](http://e2taxi.com)

A detailed move-in map will be provided prior to your arrival at IFS.

**City of Bloomington**

The City of Bloomington is a medium-sized city with big-city amenities. Bloomington’s cultural life doesn’t stop with Indiana University. Visitors and students alike can visit the theater, go to a concert in the park, have a meal at a local restaurant, catch a movie, and more! We recommend that you and your family learn more about Bloomington on the [Visitor Center’s website](https://www.victorialearningcenter.com).

**Nearby Restaurants (check to verify Covid-19 modifications)**

Below are some nearby restaurants that you might want to try:

- Restaurant Ami, 1500 E. Third Street
- Mother Bear’s Pizza, 1428 E. Third Street
- Dragon Express, 1400 E. Third Street
- BuffaLouie’s, 114 S Indiana
- Village Deli, 409 E Kirkwood
- Many well-known Bloomington restaurants are located near the Sample Gates on Kirkwood Avenue or downtown near the courthouse.
- Many international restaurants are located on Fourth Street on the west side of campus.
- Chain restaurants can be found along S. College Mall Road near the mall.
Textbooks

You will receive a letter from your IFS professor in early July. This letter will include information about how textbooks for your specific IFS class should be obtained. If your class is instructed to make a purchase from the IU Bookstore, books will be available for purchase on-site during check-in on August 2. Please be prepared to pay at the time of purchase using cash, check, or credit card.

Family Dinner

Since you may still be getting settled into your room and saying goodbye to your family upon arriving to campus, we have provided a list of recommended local dining establishments (some are within walking distance). We recommend eating with your family before they leave Bloomington. Make sure

Festivities & Events

IFS special events are exciting opportunities for you to meet classmates and fellow students! You will experience gatherings, structured within the safety guidelines, where you will get to know peers and make lasting friendships.

Floor Meetings

IFS students attend a floor meeting with their assigned RA to get acquainted with fellow residents. The floor meetings provide information, residence hall policies, and other important material. Your Residence Assistant (RA) will lead the meeting and answer questions you may have.

First Day of IFS Classes

Your in-person class officially begins this morning! Your Teaching Intern will provide instructions about breakfast and a meeting place in order to get to class on time!

When you are not in class or studying, there will be many opportunities for a variety of social activities. The student staff members will plan activities and events to help you relax, have fun, and meet new people. Most of these activities are voluntary, but a few events are mandatory and will be announced in advance.

Move-in Map

A detailed guide and map will be provided to all students prior to the beginning of IFS. A few tidbits before the complete guide – vehicles can remain in residence hall move-in unloading zones for 15 minutes and then need to be moved to designated parking lots. After move-in day, student vehicles need to be registered with the Office of Parking Operations and parked in the correct lot according to permit.
Life at IFS

Traditions at IFS

Something is always happening at IFS! Below are some traditional activities we are adapting.

- Opening Festival
  Get to know fellow IFS students through an outdoor festival full of games, food, and music!
- Open Mic Nights
  Share your talent at an Open Mic Night. Music, dance, group acts, poetry, comedy, and more are welcome.
- Faculty Panel
  Listen to some IFS faculty briefly share about IU’s Themester topic, Democracy.
- Floor Events
  Your RA will plan floor activities to help you become familiar with campus and Bloomington.
- Academic Forum
  Showcase your class learning at this event attended by all IFS students and campus guests.
- Closing Banquet
  To conclude IFS, we will celebrate by enjoying a dinner together and ceremonially ending the program before Welcome Week begins.

Staying on Campus

IFS is a transition to college program, providing an opportunity for students to get to know one another in an academic environment. Once you arrive, we encourage you to take full advantage of IFS by planning to stay on campus on the weekends (there are often curricular or co-curricular expectations on the evenings and weekends). Remaining in Bloomington and spending time in the dorm will allow you to meet new friends and participate in IFS activities. If you do need to leave campus for a prolonged period of time, please inform your IFS student leaders in advance.

Dorm Room

Your dorm room will have a twin extra-large size bed (36 in x 80 in) and mattress cover. Students should bring their own bed linens and pillow. Dorm rooms also include a desk, rolling file drawer, desk chair, wardrobe, and storage drawers. All rooms are carpeted, and the windows have blinds. Your residence hall does not store furniture, and dorm furniture must remain in the room at all times.

Due to the short duration of the program, no modifications of the room are allowed. A fine will be assessed if the room is modified/damaged.
All IU campus buildings are smoke-free, including residence halls.

Overnight guests are discouraged during IFS; please consult with your RA to ensure protocol is followed. Your roommate must provide permission for any guests.

**Meals**

All IFS student meal plan arrangements are in the process of being finalized with Residential Programs & Services. Breakfast, lunch, and dinner are served daily. Crimson Card meal points, cash, or credit cards are accepted at dining facilities.

**Technology**

You are welcome to bring your own computer and printer to IFS. All students have access to computer labs with printers across campus.

Email is the most common form of communication during college, including for IFS. You should plan to make your IU account your official and primary account that you check daily. IFS personnel will communicate with you mainly through email. Wi-Fi is available almost everywhere on campus.

If you have questions regarding technology at IU, contact University Information Technology Services (UITS) via the live chat or at 812-855-6789. You can also visit the Learning Commons in Wells Library for support assistance.

**Mail**

During IFS, you can receive postal mail via your residence hall mailbox. Your room key will open your mailbox which is located in the residence hall lobby.

Mail should be addressed as follows:

[Student’s Name]  
[Student’s IFS Residence Center]  
IFS Program  
Indiana University  
Bloomington, IN 47406

**Vehicles on Campus**
IUB tries to minimize traffic on campus and limits parking options, especially for freshmen students. Cars during IFS are not recommended due to parking restrictions and the busyness of the program. More information can be found on the Office of Parking Operations website.

**Health Services**

Students are able to use the IU Health Center during IFS. The Health Center provides comprehensive health services to meet the medical and psychological needs of students. Visit their website to view the full range of services.

CAPS (Counseling and Psychological Services) is also located in the Health Center to assist students with mental health needs.

**General Policies and Expectations**

- **Quiet Hours**
  In order to maintain a healthy living and learning environment, quiet hours are enforced to ensure students can study and sleep. Your RA will explain quiet hours and the specific times quiet hours are in effect. Courtesy hours, which means maintaining an appropriate noise level so as not to disturb other students, are in effect at all times.

- **Escort Policy**
  All guests must be escorted at all times while in the residence hall. Guests are people who do not live on your floor. Residents are responsible for the conduct of their guests at all times. Remember to respect the privacy and wishes of your roommate.

- **Tobacco/Alcohol/Drugs**
  IU is a tobacco-free campus. The use of tobacco products is prohibited on campus with the exception of designated smoking areas. Residence halls are tobacco-free, smoke-free, alcohol-free, and drug-free in order to provide a safe and healthy living and learning environment for all residents.

- **Room Responsibilities**
  Residents are responsible for any damages that occur in the room to which they are assigned. Residents or guests who are present in a residence hall room and know a violation is occurring will be deemed complicit unless the inappropriate activity is reported immediately.

- **Personal Belongings**
  Personal belonging such as furniture or bikes cannot be stored in public areas, such as hallways or stairwells. Bike racks are available across campus (bring a bike lock).
IU Resources

IUB Dictionary

After a few days at IU, you’ll soon discover that IU is unique. The IU community even has its own vocabulary! Although you may be confused at first, in no time you’ll know exactly what is meant when a student says, “I’m leaving the IC to go to the SRSC; I’ll stop by WTS on my way home.” To help you out, here’s a brief rundown of some commonly used acronyms and names at IU.

SRS: Student Recreational Sports

WTS: Writing Tutorial Services

RPS: Residential Programs and Services

The Woodlands: The food court at Forest Residence Center

KB: Knowledge Base, an online database to answer all of your information technology needs

UITS: University Information Technology Services

One: IU’s one-stop web portal for online services

Canvas: Online learning platform that your classes will likely utilize

IUSA: Indiana University Student Association

BT: Bloomington Transit, the bus services in Bloomington

Campus Operator: For general information about campus, dial 812-855-4111
Final Details

Contact Information

If you have questions, feel free to contact the IFS Office by email at ifs@indiana.edu or by phone at (812) 855-3839.

IFS Bill

Your IFS charges will appear on your IU bursar bill. If you have questions or concerns regarding your bill, please contact Student Central on Union at (812) 855-6500 or through their contact form. You may also visit their office on campus at 408 N. Union Street.

Withdraw

If for any reason you decide not to attend IFS, please contact our office as soon as possible so that we may cancel your registration and allow availability for another student. Requests for withdrawing from IFS need to be in writing, so please use the IFS Contact Form on the IFS website or email the IFS Office.

Website

Check back on the IFS website throughout the spring and summer for updated information.